

When Should You See a Foot and Ankle ORTHOPAEDIC Surgeon?

Tired and achy feet can simply be a result of standing too long. But some foot or ankle issues may be symptoms of more serious problems. How do you know when you need to get medical attention from a foot and ankle orthopaedic surgeon?



Make an appointment with a FOOT AND ANKLE ORTHOPAEDIC SURGEON if you experience any of the following:

Pain that persists for **more than 72 hours** or that increases with walking

Pain after an **ankle sprain**

“Clicking,” “locking” or “catching” in the ankle

High-arched feet or flatfeet that become painful

Arthritis in the foot or ankle after an old injury

Achilles tendon injury

Ankle or foot **fracture**

Deformity of the foot or ankle

Curling of one or multiple toes

Painless **ulcers or blisters** on the feet

A woman with short brown hair, wearing a purple top, is smiling and making an 'O' hand gesture with her right hand. The background is a light grey gradient.

**FOOT AND ANKLE
ORTHOPAEDIC SURGEONS**
are MDs with the training and experience to keep your feet healthy and pain free

For the best possible care for your foot and ankle health,
Look for the “O”

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 AMERICAN ORTHOPAEDIC
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